

FALL INTO FITNESS TRAIL RUN!



Choose your distance and walk/run your way through the beautiful desert trails behind the Multi-Generational Center. Add the circuit on the loop, pre or post run, to take your morning workout to the next level! All ages welcome.

8:30am
Saturday,
Nov. 20th

After the run, enjoy various activities at the "Heal Yourself, Heal Your World" Wellness Event!

FREE!! Registration begins
at 8:15am on back patio



This is a participating event in the My Park= My Gym program. The MGC is located at 1035 N Idaho Road, AJ. For more details call 480-474-5240 or visit WWW.APACHEJUNCTIONAZ.GOV/PARKS

The City of Apache Junction welcomes participation by people with disabilities in all programs, sites and facilities. For more Information about accessibility contact us at 480-474-5240 or ajpr@apachejunctionaz.gov or visit www.apachejunctionaz.gov/ada.